



Goodwin Forest Trail Run

James L. Goodwin Forest & Conservation Center
in Hampton, CT

Sunday, June 5, 2016 at 9:00 am

Two trail runs: 10K and 30K

Early Registration fee (non-refundable)

Open \$22 and "Geezers" (age 50+) \$17

Race and Registration information can be found at

friendsofgoodwinforest.org

Activities for all ages taking place throughout the day!

On-site registration (day of race) begins at 7:45 am

There is an \$8 registration fee increase after June 2nd—cash or check only.

Follow us on Facebook or check our website for updates on 10K training runs on April 23, May 7 and May 22

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