

# **Hampton Elementary School**

## **Monthly Board of Education Update**

### **Principal Report**

January 24, 2022

**December 21-24:** School Spirit Events-Book Character, Pajama Day, Ugly Sweater  
**January 4, 6, 11, and 19:** AQIS –School Readiness Meetings NAEYC –Technical support  
**January 11:** Professional Development David Howes SEL and Social Studies  
**January 14:** DOTS data collection Professional Development  
**January 21:** TIDE Professional Development

**Compassion fatigue taken from Patricia Smith's Ted Talk 2021 is a broadly defined concept that can include emotional, physical, and spiritual distress in those providing care to another.**

Studies confirm that caregivers play host to high levels of compassion fatigue. Day in, day out, workers struggle to function in caregiving environments that constantly present heart-wrenching, emotional challenges. Affecting positive change in society, a mission so vital to those passionate about the value of caring for others, is perceived as elusive, if not impossible.

Compassion fatigue symptoms are elevated displays of chronic stress resulting from the caregiving work we choose to do. Leading traumatologist J. Eric Gentry suggests that people who are attracted to caregiving often enter the field already displaying symptoms of compassion fatigue. Simply put, we were taught to care for the needs of those around us before caring for our own needs. Authentic, sustainable daily self-care practices have been absent from our lives.

If we sense we are suffering from elevated levels of compassion fatigue, chances are excellent that we are. Our path to wellness begins with one small step. Awareness. A heightened awareness can lead to insights regarding past traumas and painful situations that are being relived over and over within the confines of our symptoms and behaviors. With the appropriate information and support, we can embark on a journey of self-discovery, healing past traumas that currently serve as obstacles to a healthy, happier life.

Many resources are now available to help us recognize the symptoms and causes of compassion fatigue. Healing begins by employing such practices as regular exercise, healthy eating habits, highly functional relationships, enjoyable social activities, journaling and restful sleep. Accepting the presence of compassion fatigue in our lives only serves to validate the fact that we are deeply caring individuals. Somewhere along our healing path, the truth will present itself: We don't have to make a choice. It is possible to practice healthy, ongoing self-care while successfully caring for others.

**Student numbers by age/grade**

<b>DATE</b>	<b>August 2021</b>	<b>September</b>	<b>October</b>	<b>November</b>	<b>December</b>	<b>January</b>
<b>PRE-K</b>	9	9	9	9	10	12
<b>Kindergarten</b>	8	8	8	8	8	8
<b>1<sup>st</sup> Grade</b>	8	9	9	8	8	8
<b>2<sup>nd</sup> Grade</b>	13	11	11	11	11	11
<b>3<sup>rd</sup> Grade</b>	10	10	10	10	10	9
<b>4<sup>th</sup> Grade</b>	9	9	9	9	9	9
<b>5<sup>th</sup> Grade</b>	6	7	7	7	7	8
<b>6<sup>th</sup> Grade</b>	11	10	10	10	10	10
<b>Outplaced/STEM</b>	6	6	6	6	6	6
<b>Total</b>	80	79	79	78	79	81

<b>TEAM</b>	<b>AUG</b>	<b>SEPT</b>	<b>OCT</b>	<b>NOV</b>	<b>DEC</b>	<b>JAN</b>
PreK	9	9	9	9	10	12
TEAM K1	16	15	14	13	13	13
TEAM A	13	13	14	14	14	14
TEAM B	19	19	19	19	19	18
TEAM C	17	17	17	17	17	18
OUTPLACED	6	6	6	6	6	6



## Team A Update 1/12/22

Hello Families,

I hope everyone is doing well! I have a few updates concerning the cold weather, stuffed animal day, and lunch changes.

### Dress for the Weather

With cold temperatures, students will need to bundle up! Winter coats, gloves, scarves, and hats are all recommended to stay warm. If there is snow on the ground, students may also bring their snow pants and boots, so they are able to play in the snow. If students do not bring in snow pants and boots, they can still play on the blacktop! The school has some individual sleds that students can use and share. Also, students are able to bring in their own sled from home. If the temperature is too low, we will stay inside for recess, but hopefully that doesn't happen too often.

### Lunch Changes

1/13/22- Sweet and sour chicken with rice

1/19/22- Sloppy joe on a roll

### Team A Stuffed Animal Day

Team A has recently earned a reward for all their hard work! Students can bring in one stuffed animal or doll from home to read with during reading time, share their informational books during writing time, and have a grand show and tell at the end of the day! We will have stuffed animal day on Wednesday, 1/19/22! All stuffed animals will be brought to school and go home on the same day.

If you have any questions, please feel free to email me at [kschiano@hamptonschool.org](mailto:kschiano@hamptonschool.org).

Have a great week,  
Mrs. Schiano

# January News Team B with Ms. Sanchini and Mr. Lord

## Happy New Year, 2022!

### Social Studies:

#### New Year's Day Around the World

Research and informative writing to find out the many ways to celebrate the new year.

#### Economics

- ★ What is the purpose of a bank?
- ★ How do we trade for goods and services?
- ★ What resources are in our community and state?
- ★ How does our government pay for goods and services? What is supply and demand?
- ★ For fun, we are making papier mache banks.

Civics: Theodore Weld, Harriet Tubman, Abraham Lincoln, Rosa Parks, Ruby Bridges, Martin Luther Jr., Lyndon B. Johnson

Illustrate historical and contemporary means of changing society

**Science:** Invisible Forces, Force, Motion and Magnets

### Math

**Rounding, add/subtract with regrouping**

**Rounding, multistep multiplication and division**

New groups are forming for Numbers and Operations. Math teachers including me will be meeting soon to review the math data collected from the iReady winter diagnostic testing. From the data we will create groups and lessons for Numbers and Operations.

### Reading

Reading Unit of Study will be Book Clubs with realistic fiction and Social Studies: Historical Fiction and Non-fiction (biographies)

### Homework

Nightly reading and logging our reading  
20 minutes for B3, 25 minutes for B4  
Word Work Practice - bingo board  
Grammar Practice- worksheet two times a week  
Handwriting two times a week  
Math by teacher group

## Dress for the Weather

This is a follow up to the recent Principal's Message about dressing for the weather and the reminder if needed, to reach out to Mrs. Sorel for assistance to have boots and/or clothing.(860) 455-9409 x112

As you read on, you will see that it is very important and appreciated for your child(ren) to come to school able to go outside,

Team B goes out for a morning walk around the track. When snow blocks the track then we walk outside on sidewalks and cleared areas around the school building. This is for a longer mask break and a bit of Social Studies as we have reconnected with the "walk the perimeter" of CT. project.

Currently, we are earning points for additional outside opportunities by showing we know our protocols and classroom rules. We have already earned 15 minutes towards one this week, January 3rd- 7th.

We take multiple short, under two minutes mask breaks outside the hallway doors so layers to put on would be very helpful to not feel the chill.

If or when there is enough snow, then Team B has individual sleds to use and also snowshoes available for use during recess. Snow permitting, I would also like to take the time to build structures in the snow, sort of a winter wonderland based on the properties of geometric shapes (math).

Another aspect to recess is that we have been sharing videos to know the rules and providing opportunities for flag football, 3 vs 3 basketball, 4 square and soccer. Mr. Lord has been supervising the games and proper clothing is needed for us to be outside. Snow or not, the basketball court is available for recess and so we will be going out as long as the temperature allows.

# 2022



# Week of 1/10/22

## WEEKLY NEWSLETTER

### EVENTS

#### Important Dates:

1/17/22- No School

Spirit days are coming soon!

Don't forget to bring in water and a snack each day!

#### Homework

- Read for 15 minutes each night
- Word Work starting up again next week

### WE ARE LEARNING ABOUT...

Reading- We looking at how fictional characters change throughout the story by looking at their body language and their emotions.

Writing- We are currently writing our nonfiction chapter book. We are learning about how to organize the information we researched by making chapters and subheadings.

Science- Students are investigating the effects of rocks tumbling in a river. Based on their observations, they will construct an explanation for why there is sand at a beach.

### CONTACT

If you have any questions, please feel free to contact me at [kschiano@hamptonschool.org](mailto:kschiano@hamptonschool.org)!



# Math Group 1/18/22

## WEEKLY NEWSLETTER

### WHAT STRATEGIES WE ARE LEARNING

- Count by 1's up to 120
- Count by 10's up to 120
- Counting on an open number line
- Counting and writing numerals

Homework is due on Friday.

### STANDARDS BEING COVERED

CCSS.MATH.CONTENT.1.NBT.A.1

Count to 120, starting at any number less than 120. In this range, read and write numerals and represent a number of objects with a written numeral.

CCSS.MATH.CONTENT.1.NBT.B.2.C

The numbers 10, 20, 30, 40, 50, 60, 70, 80, 90 refer to one, two, three, four, five, six, seven, eight, or nine tens (and 0 ones).

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# Math Group 1/18/22

## WEEKLY NEWSLETTER

### WHAT STRATEGIES WE ARE LEARNING

- Count two-digit numbers in groups of tens with some ones left over

Ex. 44 is the same as 4 groups of 10 and 4 ones.

Math homework is due on Friday!

### STANDARDS BEING COVERED

CCSS.MATH.CONTENT.1.NBT.B.2

Understand that the two digits of a two-digit number represent amounts of tens and ones.

CCSS.MATH.CONTENT.1.NBT.B.2.A

10 can be thought of as a bundle of ten ones — called a "ten."

CCSS.MATH.CONTENT.1.NBT.B.2.B

The numbers from 11 to 19 are composed of a ten and one, two, three, four, five, six, seven, eight, or nine ones.

CCSS.MATH.CONTENT.1.NBT.B.2.C

The numbers 10, 20, 30, 40, 50, 60, 70, 80, 90 refer to one, two, three, four, five, six, seven, eight, or nine tens (and 0 ones).

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# Math Group 1/18/22

## WEEKLY NEWSLETTER

### WHAT STRATEGIES WE ARE LEARNING

- Tell time to five minutes
- Tell time before and after the hour
- A.M. and P.M.

Homework will be due on Friday!

### STANDARDS BEING COVERED

CCSS.MATH.CONTENT.2.OA.A.1

Use addition and subtraction within 100 to solve one- and two-step word problems involving situations of adding to, taking from, putting together, taking apart, and comparing, with unknowns in all positions

CCSS.MATH.CONTENT.2.NBT.A.2

Count within 1000; skip-count by 5s, 10s, and 100s.

CCSS.MATH.CONTENT.2.MD.C.7

Tell and write time from analog and digital clocks to the nearest five minutes, using a.m. and p.m.

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